



# October 2021

Village of Logan—Logan Senior Center 575-487-2287

103 S 6th Street, PO Box 7, Logan NM 88426

Please call before 9:30 AM if you are going to join us.

Thank you

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Milk Served Daily</b>	<b>GRAB &amp; GO MEALS are available. Please call the day before to let us know what days you would like a meal. Meals may be Picked Up 10:45-11:00</b>			
<b>4 Meatloaf</b> AuGratin Potatoes Mixed Vegetables Roll Orange	<b>5 Chicken Strips</b> Mashed Potatoes Gravy/Honey Mustard Sauce Asparagus Roll Fruit	<b>6 Ham &amp; Beans</b> Sliced Red Peppers Cornbread/Margarine Pudding	<b>7 GC Cheese Hamburger</b> Lettuce, Tomato, Onion Tater Tots Applesauce Cookie	<b>1 Beef Tips &amp; Noodles</b> Salad Peas & Carrots Fruit Cookie
<b>11 Closed</b> <b>Happy Columbus Day</b>	<b>12 Chicken Fried Steak/Gravy</b> Mashed Potatoes Spinach Roll Fruit	<b>13 Cornflake Chicken</b> Sauteed Potatoes Raw Carrots/Ranch Dressing Cornbread/Butter Jello	<b>14 Tacos</b> Lettuce/Tomato/Onion Spanish Rice Salsa Corn Apricots	<b>8 Hot Turkey Sandwich w/Gravy</b> Cranberry Sauce Green Beans Tomato, Cucumber Slices Fruit/Cottage Cheese
<b>18 Tamales</b> Vegetable Salad Pinto Beans Tortilla Fruit	<b>19 Meatballs</b> Wild Rice Carrots/Peppers Breadsticks Yogurt	<b>13 Chicken Nuggets</b> Baked Potato Wedges Broccoli & Cheese Roll Fruit	<b>21 RC Beef Enchilada</b> Spanish Rice Lettuce/Tomato Jalapeno/Onion/Salsa Crackers Pudding	<b>15 Pork Riblets</b> Broccoli Carrot Raisin Salad Roll Applesauce cake
<b>25 Spaghetti &amp; Sauce</b> Parmesan Cheese Steamed Broccoli Cheese Sauce Garlic Bread Fruit	<b>26 Lemon Baked Chicken</b> Rice Cucumber Salad Beets Chocolate Cake	<b>20 Chicken Nuggets</b> Baked Potato Wedges Broccoli & Cheese Roll Fruit	<b>22 Liver &amp; Onions</b> Mashed Potatoes Green Beans Sliced Cucumbers Roll Peaches/Strawberries	<b>29 GC Chicken Enchiladas</b> Lettuce & Tomato Pinto Beans Spanish Rice Jello Fruit
<b>27 Frito Pie</b> Pinto Beans Lettuce/Tomato Onions Fruit Cake	<b>28 Tuna Patty</b> Tarter Sauce Spinach Salad Roll Orange Yogurt	<b>21 RC Beef Enchilada</b> Spanish Rice Lettuce/Tomato Jalapeno/Onion/Salsa Crackers Pudding	<b>22 Liver &amp; Onions</b> Mashed Potatoes Green Beans Sliced Cucumbers Roll Peaches/Strawberries	<b>29 GC Chicken Enchiladas</b> Lettuce & Tomato Pinto Beans Spanish Rice Jello Fruit