

# April 2024

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<b>1.</b>	<b>2.</b>	<b>3.</b>	<b>4.</b>	<b>5.</b>
LEAN HAM SCALLOPED POTATOES, GREEN BEANS, TOSSED SALAD VANILLA YOGURT, TROPICAL FRUIT SALAD	COBB SALAD W/HB EGG, WW CRACKERS MANDARIN ORANGES	BEEF TOSTADA, PINTO BEANS, CAPRI VEGETABLES 1 APPLE	CHICKEN & RICE CASSEROLE BROCCOLI & RED PEPPER FRUIT COMPOTE	SWEDISH MEATBALLS GLAZED CARROTS ASPARAGUS GARLIC BREAD SF GELATIN W/APRICOTS
<b>8.</b>	<b>9.</b>	<b>10.</b>	<b>11.</b>	<b>12.</b>
HAM SANDWICH (HAM, WHEAT BREAD, LETTUCE, ONIONS, TOMA- TOES,) CALABACITAS BERRIES VANILLA GREEK YOGURT	SMOTHERED BURRITO PINTO BEANS WINTER VEGETABLES, TROPICAL FRUIT SALAD	CHICKEN STIR FRY ORIENTAL CABBAGE, BROCCOLI, BROWN RICE, WW CRACKERS, MANDARIN ORANGES	BBQ PULLED BEEF PASTA SALAD, CUCUMBER SALAD, WW ROLL DICED PEACHES	CHICKEN FRIED STEAK PEPPERED GRAVY MUSTARD GREENS 3 BEAN SALAD WW ROLL STRAWBERRIES & BANANAS
<b>15.</b>	<b>16.</b>	<b>17.</b>	<b>18.</b>	<b>19.</b>
CHICKEN STRIPS CREAMED POTATOES BROWN GRAVY OKRA/ TOMATOES/ONIONS WW ROLL SF GELATIN W/ WHIPPED TOPPING	BBQ BONANZA BAKED BEANS GREEN BEANS CORNBREAD WATERMELON	CHICKEN TACOS CALACACITAS GC PINTO BEANS MIXED FRUIT	SALISBURY STEAK, BROWN GRAVY, EGG NOODLES, MUSHROOMS, ASPARAGUS, WW ROLL BLUEBERRY CRISP	BAKED FISH GLAZED CARROTS ROSE- MARY/ROASTED RED PO- TATOES SPINACH SALAD LEMON BARS
<b>22.</b>	<b>23.</b>	<b>24.</b>	<b>25.</b>	<b>26.</b>
CHICKEN TACO PINTO BEANS CAPRI VEGETABLES MIXED BERRIS W/CINNAMON	CHICKEN & DUMPLINGS VEGETABLE MEDLEY, FRUIT COCKTAIL, GELATIN	MEATLOAF BRUSSEL SPROUTS, BAKED SWEET POTATO, TOSSED SALAD, WW ROLL TROPICAL FRUIT	GREEN CHILE CHEESE- BURGER, WAFFLE FRIES, BROCCOLI SALAD, STRAWBERRIES	FRIED CATFISH RED ROASTED POTA- TOES, SUMMER SLAW, CORNBREAD, WATERMELON
<b>29.</b>	<b>30.</b>	<p><b>Milk, Tea, &amp; Coffee</b> <b>Served Daily</b></p>		
CLASSIC CHICKEN SALAD, TOMATO & ONION SALAD, SWEET POTATOES PEACHES	CHICKEN FAJITAS, SPINACH, MUSHROOMS, SPANISH RICE, CANTALOUPE			

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2OZ LS LEAN HAM 1/2C SCALLOPED POTATOES 1/2C GREEN BEANS 1C TOSSED SALAD W/ 2 TBSP LIGHT ITALIAN DRESSING 1/2C LIGHT VANILLA NONFAT YOGURT W/ 1/2C TROPICAL FRUIT SALAD	COBB SALAD (1.5C ROMAINE LETTUCE, 1 HB EGG, 2OZ DICED CHICKEN, 1/4C RED CABBAGE, 1/3C CUCUMBERS, 10 CHERRY TOMATOES, 8 BABY CARROTS) 2 TBSP LIGHT RANCH DRESSING 6 LS WW CRACKERS 1/2C MANDARIN ORANGES	BEEF TOSTADA (3OZ BEEF, 2 CORN TORTILLA, 1/2C LETTUCE AND TOMATO, 1 OZ SALSA, .5OZ CHEESE) 1/2C LS PINTO BEANS 1C CAPRI VEGETABLES 1 APPLES	1C CHICKEN AND RICE CASSEROLE (3OZ DICED CHICKEN, 1OZ SAUCE, 1/2C RICE, .5OZ CHEESE, 1/4C PEAS AND CARROTS) 1C BROCCOLI AND RED PEPPER 1/2C FRUIT COMPOTE	SWEDISH MEATBALLS (3OZ MEATBALLS, 1/4C SAUCE, 1/2C EGG NOODLES) 1/2C GLAZED CARROTS 1/2C ASPARAGUS 1 GARLIC BREAD 1/2C SF GELATIN W/ 1/2C APRICOTS
<b>8.</b>	<b>9.</b>	<b>10.</b>	<b>11.</b>	<b>12.</b>
HAM SANDWICH (2 OZ LS HAM, 2 SLICES WHEAT BREAD, 4 OZ LETTUCE, 1/4C ONIONS, 2 OZ TOMATOES, 4 OZ CALABACITAS) 4 OZ BERRIES 4oz / NONFAT VANILLA GREEK YOGURT	SMOTHERED BURRITO (3OZ GROUND BEEF, 1/2C DICED POTATOES, 1OZ GC,) 1/4 C LS GREEN CHILE SAUCE, 1 6 IN FLOUR TORTILLA) 3/4 C LS PINTO BEANS 1C WINTER VEGETABLES W/ 1 TSP UNSALTED BUTTER 1C TROPICAL FRUIT SALAD	CHICKEN STIR FRY (3 OZ CHICKEN, .5OZ SAUCE, 1/4C ORIENTAL CABBAGE, 1/4C BROCCOLI, 1/4c RED PEPPER 1/4c GREEN ONION) 4 OZ BROWN RICE W/ 1 TSP UNSALTED BUTTER 4 LS WW CRACKERS 4 OZ MANDARIN ORANGES	BBQ PULLED BEEF (3 OZ LEAN LS BEEF BRISKET 1OZ BBQ SAUCE) 8 OZ LS PASTA SALAD (4OZ PASTA, 4OZ VEGETABLES) 4OZ LS CUCUMBER SALAD WW ROLL W/ 1 TSP UNSALTED BUTTER 4 OZ DICED PEACHES	CHICKEN FRIED STEAK 3 OZ CHICKEN FRY 2 OZ LS PEPPERED GRAVY 4 OZ MUSTARD GREENS 4 OZ LS 3 BEAN SALAD WW ROLL W/ 1 TSP UNSALTED BUTTER 6OZ STRAWBERRIES & 2OZ BANANAS
<b>15.</b>	<b>16.</b>	<b>17.</b>	<b>18.</b>	<b>19.</b>
CHICKEN STRIPS 3 OZ CHICKEN STRIPS 4 OZ CREAMED POTATOES W/ 2OZ LS BROWN GRAVY 4 OZ LS OKRA/TOMATOES/ONIONS WW ROLL 1/2C SF GELATIN W/ 2 TBSP WHIPPED TOPPING	BBQ BONANZA (3 OZ PORK, 1 OZ BBQ SAUCE) 1/2C LS BAKED BEANS 1/2C GREEN BEANS 1 OZ CORNBREAD 8 OZ WATERMELON	CHICKEN TACOS (3 OZ CHICKEN, .5 OZ CHEESE, 2 CORN TORTILLAS, 4OZ LETTUCE & TOMATOE) 3/4 C CALACACITAS, 4 OZ GC 4 OZ LS PINTO BEANS 4OZ MIXED FRUIT	SALISBURY STEAK 3 OZ BEEF PATTY 2 OZ LS BROWN GRAVY 1/2c EGG NOODLES 4 OZ MUSHROOMS 1/2c ASPARAGUS WW ROLL 4 OZ BLUEBERRY CRISP	3oz BAKED FISH 1/2c GLAZED CARROTS 1/2c ROSEMARY/ROASTED RED POTATOES 1c SPINACH SALAD (6 OZ BABY SPINACH, 1/4c SLICED RED ONION, 1/4c SLICED STRAWBERRIES, 1/4c CHOPPED PECANS, 1/2c BLACKBERRIES) 1/2 SVG LEMON BARS

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CHICKEN TACO (2 CORN TORTILLA, 3OZ CHICKEN, 1/2C LETTUCE AND TOMATO, 2OZ PICO DEL GALLO) 1/2C PINTO BEANS 1C CAPRI VEGETABLES 1/2C MIXED BERRIES W CINNAMON	CHICKEN AND DUMPLINGS (1/2C DUMPLINGS, 3OZ CHICKEN, 2OZ GRAVY) 1C VEGETABLE MEDLEY W/ 1 TSP MARGARINE 1/2C FRUIT COCKTAIL 1/2C SF GELATIN	3OZ MEATLOAF 1/2C BRUSSEL SPROUTS 1/2 BAKED SWEET POTATO 1C TOSSED SALAD W/ 2 TBSP LIGHT RANCH DRESSING WW ROLL 1/2C FROZEN TROPICAL FRUIT	GREEN CHILE CHEESE-BURGER (1OZ GC, .5OZ CHEESE, 3OZ PATTY, 1BUN, 1/2C LETTUCE, 2 SLICES TOMATO, 1 SLICE ONION) 1/2C WAFFLE FRIES 1/2C LS LF BROCCOLI SALAD 1C STRAWBERRIES	3OZ FRIED CATFISH 2 TBSP TARTAR SAUCE 1/2C RED ROASTED RED POTATOES 1/2C PICNIC MARINATED SUMMER SLAW 1/2C HERB ROASTED RED POTATOES 1 SLICE LF CORNBREAD W/ 1 TSP MARGARINE 1C WATERMELON
<b>29.</b>	<b>30.</b>	<b>1.</b>	<b>2.</b>	<b>3.</b>
1/2C CLASSIC CHICKEN SALAD (3OZ CHICKEN, 1/4C CELERY & ONIONS, 2 SLICES WHEAT BREAD, 1/2C LETTUCE) 1/2C TOMATO AND ONION SALAD 3/4C SWEET POTATOES 1C PEACHES	CHICKEN FAJITAS (3OZ CHICKEN, 1 6IN WW TORTILLA, 1/2C PEPPERS AND ONIONS, 1 TBSP SALSA) 1/2C SPINACH W/ 1/2C MUSHROOMS 1/2C LS SPANISH RICE 1C CANTALOUPE	SPAGHETTI (3/4C PASTA, 3OZ MEAT, 2OZ NAS MARI-NARA SAUCE) 1C TOSSED SALAD W/ 2 TBSP LIGHT RANCH DRESSING WHEAT ROLL 1/2C CHERRIES W/ 1 SLICE SF ANGEL FOOD CAKE	CHICKEN FRIED STEAK 1/2C LS MASHED POTATOES 2OZ LS COUNTRY GRAVY 3/4C ROASTED BRUSSEL SPROUTS WHEAT ROLL 1/2C FRUIT COCKTAIL	TERIYAKI CHICKEN BREAST (3OZ DICED CHICKEN, 1OZ SAUCE) 1C ORIENTAL VEGETABLES 1C BROWN RICE VEGETABLE EGG ROLL ORANGE